

► **useful informations**

**LIST OF HERITAGE BUILDING**

"S" House, São Bartolomeu church, Roman path (former Imperial road), Três Entradas bridge, São Sebastião da feira, Water wheel, Medieval bridge, Aldeia das Dez village

**PLACES OF INTEREST**

"S" House, São Bartolomeu church, Roman path (former Imperial road), Três Entradas bridge, Camping Ponte das Três Entradas, S. Sebastião da Feira river beaches, Water wheel

**PLACES TO EAT**

**\_ Aldeia das Dez:**  
Restaurant "João Brandão" - 238 67 00 10 / Email: info@quintadageia.com  
**\_ Ponte das Três Entradas:**  
Restaurant "Varandas Verdes" - 238 67 10 32

**PLACES TO STAY**

**\_ Aldeia das Dez:**  
Quinta Geia - 238 67 00 10 / Email: info@quintadageia.com - Rural Tourism  
**\_ Alvôco das Várzeas:**  
Quinta da Moenda - 238 66 64 43 /Email: quintadamoenda@gmail.com - Rural Tourism  
**\_ Ponte das Três Entradas:**  
Quinta Relva do Trigo - 238 67 71 05 / Email: info@relvadotrigo.com - Rural Tourism  
**\_ Vila Pouca da Beira:**  
Pousada do Convento do Desagravo - 238 67 00 80 - Inn

**HANDCRAFT**

Tapestry work, rag blankets

**GASTRONOMY**

River fishes, Local deserts, roasted goat, greaves, arbutus berries grapa, Sponge cake and rice pudding



Roman path

► **trail signage**



right way



wrong way



turn left



turn right

► **code of conduct**

Follow sign-posted trails only; Avoid making unnecessary noise;  
Never scare the animals; Do not damage any vegetation;  
Do not litter and leave no trace of your visit; Do not light fire;  
Do not recollect or damage plants or rocks;  
Be kind to people you find along the way;

► **useful contacts**

SOS Emergency : 112  
SOS Forest Fires: 117  
Anti-venom informations: 808 25 01 43  
Oliveira do Hospital Police: 238 60 27 07  
Fire Department: 238 60 27 27  
Health Center: 238 60 02 50  
Trail Promoter \_ Oliveira do Hospital Municipality: 238 60 52 50  
Tourism Office: 238 60 92 69  
Parish Council of Aldeia das Dez: 238 67 10 09  
Parish Council of Santa Ovaia: 238 67 16 84  
Parish Council of São Sebastião da Feira: 238 67 63 70  
Schist Village Network - ADXTUR: 275 64 77 00; 960 10 18 73  
[www.aldeiasdoxisto.pt](http://www.aldeiasdoxisto.pt)

**\_promotors**



**\_support**



**\_walking trail process of registration and approval by**



# Schist Walking Trail of Aldeia das Dez III

The Footprint of the Ermit



São Sebastião da Feira River Beach



**PR3**  
**OHP**

distance

9,7 Km

duration

2h 50min

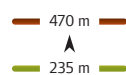
trail type



altitude variation



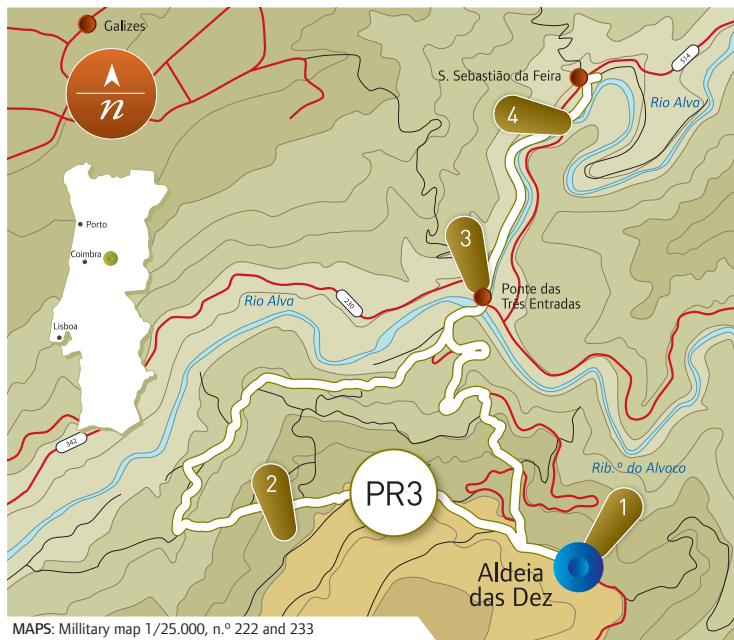
altitude máx/min



## Aldeia das Dez III - Schist Walking Trail

\_Walk direction: clockwise

Route starting at the square Alfredo Duarte, in the Aldeia das Dez village. The exit of the village is common to the PR2. We pass by the old Roman road and also fields of crops that take us to travel back in time. At the crossroads head to the right towards Ponte das Três Entradas, passing in areas where the spectacular chestnut tree, which is abundant in the region, predominates. We reached the tarmac road and turn left toward Ponte das Três Entradas. Pass over the bridge that is unique in Portugal, where its three entrances connect the three closest parishes: Santa Ovaia, São Sebastião da Feira and Aldeia das Dez, and still unites two rivers: the river Alva and the river Alvôco. Soon after the bridge turn right towards São Sebastião da Feira through a spectacular trail that follows the riverbank of river Alva. And we reach an area where we can admire the Rio Alva and the wheel at the site. Return through the same path towards Ponte das Três das Entradas. We again cross the bridge and follow the paved road towards the Aldeia das Dez village and then turn right following an old trail. The chestnut tree is very abundant and enriches the terrains providing a stunning landscape. At the crossroads continue straight ahead and enter the cobblestone road that leads to the Aldeias das Dez village.



MAPS: Military map 1/25.000, n.º 222 and 233



### Points of interest and distance to the starting point:

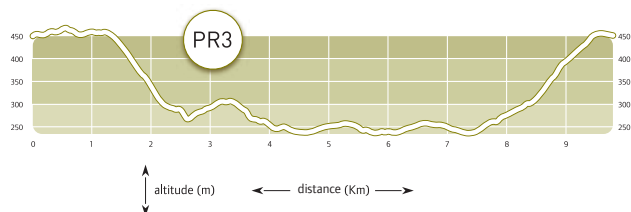
- 1 \_ "S" House and the Church of São Bartolomeu (Aldeia das Dez)
- 2 \_ Roman Road (Old Imperial Route) \_ 1600m
- 3 \_ River Beach and Bridge \_ 4600m
- 4 \_ River Beacha and Waterwheel \_ 6200m



### Departure and arrival point:

\_Largo da Rua dos Entalhadores, Aldeia das Dez (N 40°17.720' W 7°51.957')

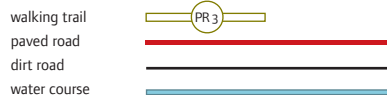
### altimetry



Holly



### caption



### difficulty level

the difficulty level is determined according to 4 different factors, each of which is assessed on a scale of 1 to 5 (from easiest to most difficult).



### when to go

All year. Beware of high temperatures in the summer and slippery terrain in the winter.



## Aldeia das Dez, São Sebastião da Feira and Santa Ovaia



Waterwheel (São Sebastião da Feira)

This route passes through the villages Aldeias das Dez, São Sebastião da Feira and Santa Ovaia Fair, three parishes of Oliveira do Hospital municipality, in the district of Coimbra. The village Aldeia das Dez, which integrates the Schist Villages network, was settled on the northern slope of Mount Colcurinho, in the Serra do Açor, which gives it a situation of great beauty and some nostalgia. The village is surrounded by a harmonious ensemble of mountains, cliffs and valleys, lakes, rivers and streams that you feel like exploring. At the center of the village stands out the white tower of the parish church, and the house of the "S". São Sebastião da Feira is situated on the riverbank of Alva river, which within its limits features a whimsical inverted "S" shape, known locally as the Castle Bow, which is indeed one of the most beautiful places in the region. This walking route, is inserted in a project of the Municipality of Oliveira do Hospital in order to mark and approve a network of footpaths that allow the visit to the heritage and the most emblematic places of the region.