

► **useful informations**

LIST OF HERITAGE BUILDING

Bobadela Roman ruins, Ferreiros chapel, Pinheiro dos Abraços dolmen, County museum Dr. António Simões Saraiva

PLACES OF INTEREST

Ferreiros chapel, Pinheiro dos Abraços dolmen, anthropomorphic graves, Giant Linden tree, Bobadela Forum, S. Sebastião chapel, N. Senhora da Luz chapel, House Museum of the Foundation of Dona Maria Vasconcelos Cabral, County museum Dr. António Simões Saraiva

PLACES TO EAT

_ Oliveira do Hospital:

- Restaurant "Casa Brito" - 238 60 45 50
- Restaurant "Tasquinha dos Marques" - 238 67 14 11
- Johnny's Pizzaria Ristorante - 238 60 14 70
- Restaurant "O Túnel" - 238 60 44 92
- Restaurant "Quinta da Lameira" - 238 08 28 60
- Restaurant "Príncipe da Cidade" - 238 60 98 67
- Restaurant "O Cantinho" - 238 08 16 65

PLACES TO STAY

_ Bobadela:

Casa do Adro da Bobadela - 238 69 20 39 - Rural Tourism

_ Gramaços:

Casa das Laranjeiras - 238 60 44 40 - Rural Tourism

Casa da Castanheira - 238 60 44 37 - Rural Tourism

_ Catraia de S. Paio:

Quinta do Forninho - 238 60 03 18 / Email: info@rXXXgo.com - Rural Tourism

_ Oliveira do Hospital:

Hotel São Paulo - 238 60 90 00 - Inn

HANDCRAFT

Copper and Brass Works

GASTRONOMY

Lamb, Cottage Cheese, Serra da Estrela Cheese, greaves



Anthropomorphic Graves

► **trail signage**



right way



wrong way



turn left



turn right

► **code of conduct**

Follow sign-posted trails only; Avoid making unnecessary noise;
 Never scare the animals; Do not damage any vegetation;
 Do not litter and leave no trace of your visit; Do not light fire;
 Do not recollect or damage plants or rocks;
 Be kind to people you find along the way;

► **useful contacts**

- SOS Emergency : 112
- SOS Forest Fires: 117
- Anti-venom informations: 808 25 01 43
- Oliveira do Hospital Police: 238 60 27 07
- Fire Department: 238 60 27 27
- Health Center: 238 60 02 50
- Trail Promoter _ Oliveira do Hospital Municipality: 235 60 52 50
- Tourism Office: 238 60 92 69
- Parish Council of Oliveira do Hospital: 238 60 99 94
- Parish Council of Bobadela: 235 60 14 28
- Parish Council of Nogueira do Cravo: 238 60 12 07
- Schist Village Network - ADXTUR: 275 64 77 00; 960 10 18 73

www.aldeiasdoxisto.pt

_promotors



_support



UNIÃO EUROPEIA
Fundo Europeu de Desenvolvimento Regional

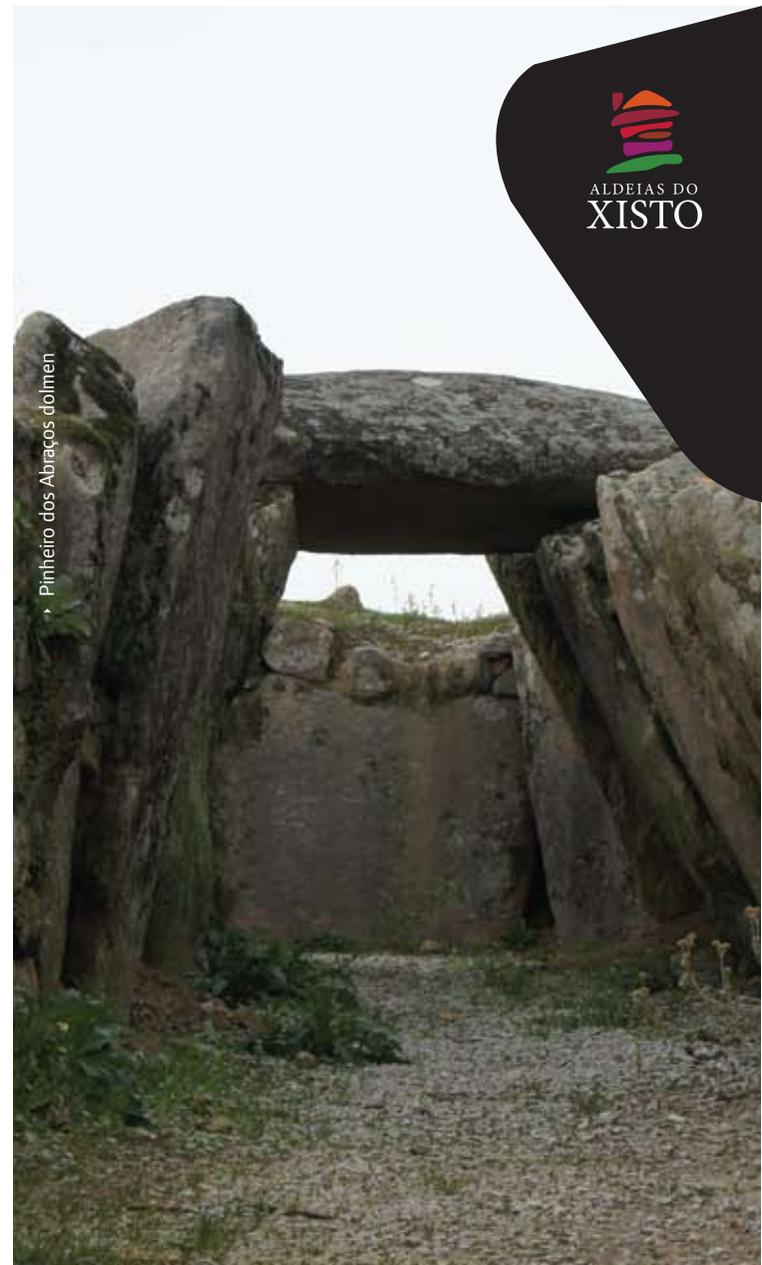


_walking trail process of registration and approval by



Schist Walking Trail of Oliveira do Hospital

The March of the Veterans



► Pinheiro dos Abraços dolmen



ALDEIAS DO XISTO

**PR5
OHP**

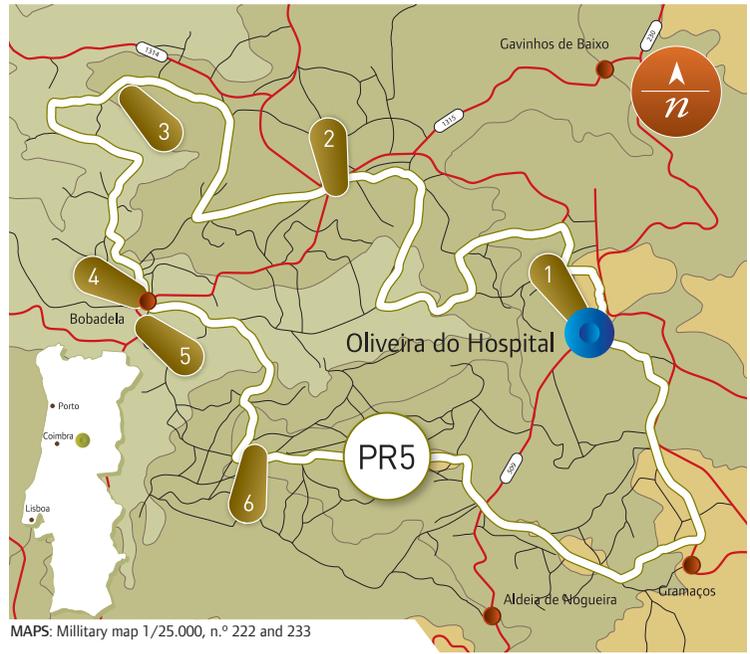
distance	duration	trail type	altitude variation	altitude máx/min
14,6 Km	3h 30min	loop 	 272 m rise	 519 m  373 m

 **Oliveira do Hospital**

Oliveira do Hospital Schist Walking Trail

_Walk direction: anticlockwise

This circular trail starts in Jardim Dr. Oliveira Mano (public garden), we cross the garden, climb a few steps and face the Santa Ana chapel. Turning left and then right we are at the main paved road. After the paved roads we leave towards the agricultural fields and go in direction of the Anta do Pinheiro (dolmen). A little further on we turn right onto a dirt road that will take us to the anthropomorphic graves of Gorgulão. We follow the trail and get to Senhora da Luz, where we can see the existence chapel that has the same name. Along cobble stone streets we arrive to Bobadela, a rich Roman heritage site, with the Roman amphitheater and it's ruins and where we can notoriously see the arch several objects of the time. The trail leaves Bobadela and goes towards São Sebastião chapel. From here the trail goes on a dirt road till we find a paved road. At the roundabout the trail goes straight to the center of Oliveira do Hospital where the House Museum of the Foundation of Dona Maria Vasconcelos Cabral, the Ferreiros chapel and the classified linden tree can be found. This are some of the best points of interest on the trail.



MAPS: Military map 1/25.000, n.º 222 and 233



Giant Lime



caption

walking trail 

paved road 

dirt road 

water course 

difficulty level

the difficulty level is determined according to 4 different factors, each of which is assessed on a scale of 1 to 5 (from easiest to most difficult).

overall difficulty  **1**

orientation  **1**

type of terrain  **1**

physical difficulty  **3**

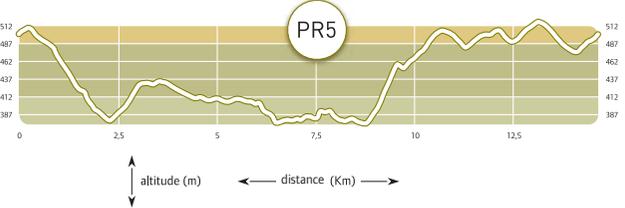
when to go

All year. Beware of high temperatures in the summer and slippery terrain in the winter.

-  **Points of interest and distance to the starting point:**
- 1 _ Blacksmiths Chapel; Giant Lime; Museum House of the Dona Maria Emília Vasconcelos Cabral Foundation _ (OH)
 - 2 _ Pinheiro dos Abraços Dolmen _ 3500m
 - 3 _ Anthropomorphic Graves _ 5700m
 - 4 _ Nossa Senhora da Luz Chapel _ 7600m
 - 5 _ Bobadela Forum _ 8000m
 - 6 _ São Sebastião Chapel _ 9400m

 **Departure and arrival point:**
_Dr. Oliveira Mano Park, Oliveira do Hospital (N 40°21.587' W 7°51.705')

altimetry



Bobadela Forum

Here the visitor is confronted with amazing portraits and delighted hideaways. The records that date back to prehistory together with so many other records throughout the county reflect the grandeur of this region. The current county was born at the time of the 2nd crusade, when in São João de Jerusalém, in the Holy Land, is founded a hospital that receives the sick pilgrims, cripples and victims of attacks and robberies, in the long journey that would take them to the Holy Sepulchre.

The chapel of greater historical significance included in the main church building complex is undoubtedly the beautiful Ferreiros Chapel in Gothic style, leans against the side of the Envangelho, between São Brás and the Tower. Traditionally is known as Senhora da Graça and the time of construction dates back to the XIII-XIV centuries. It is classified as a National Monument. In the churchyard of the Chapel can be found the largest linden tree "Linden tomentosa Moench" of the country, with more than 25 meters high and 4 meters in diameter, classified as Public Interest.